

NATIONAL SERVICE SCHEME

As a part of the academic programme, NSS units (I, II, III, IV) of P. K. College Contai, have performed their in-campus and out campus social activities. NSS volunteers as well as programme officers are actively involved in various service programme.

Objectives of National Service Scheme (NSS)

- i. To understand the community in which they work
- ii. To understand themselves in relation to their community
- iii. To identify the needs and problems of the community and involve them in problem-solving
- iv. To develop among themselves a sense of social and civic responsibility
- v. To utilize their knowledge in finding practical solutions to individual and community problems
- vi. To develop competence required for group-living and sharing of responsibilities
- vii. To gain skills in mobilizing community participation
- viii. To acquire leadership qualities and democratic attitudes
- ix. To develop capacity to meet emergencies and natural disasters and
- x. To practice national integration and social harmony

Mission of NSS

Actually the main slogan of NSS, "not me but you", is the main essence of the socialized living and via NSS mission a feelings will be introduced with the blood of the students, the future citizen of india, that if your social living is not good then you cannot be stay well. By performing several activities a beautiful mind of the student will be created so that in a selfless way they can stand in any danger of society along with the people. The tiny part NSS of the cosmos is ready to sacrifice himself for the wale fare of



the society and this is indicated by the blue color of the NSS logo. To fulfill this purpose Along with in-campus activity our NSS volunteers regularly perform out-campus social activities. The red color indicates that the volunteers are full of blood i.e lively, active, energetic and full of spirit. Our NSS volunteers beers all these characters and along with academic curriculum they are fully dedicated to national service scheme. The main mission of the NSS is to make some full energetic citizen who will be prepared to devoted themselves in welfare of society

Enrollment policy in NSS

NSS volunteers will be enrolled from the all semester UG and PG students. The students who are the NCC cadets are not eligible to enroll as NSS volunteers. As every NSS volunteer has to devote 120 hrs in NSS work so after enrollment in every year, a orientation programme will be arranged to assimilate themselves with the NSS service scheme. After orientation programme every volunteer is asked to committed themselves for nation service scheme and as well as they also asked that if they seem it will not be performed by them then they can leave. After the total process the final volunteers list is published. There is no enrollment fee of NSS volunteers.

Programme Officers of four NSS units

Dr. Bibhuti Bhusan Nayak (unit I)

Dr. Bisweswar Panihahi (unit II)

Mr. Chandan Bhakta (unit III)

Dr. Tithi Mairy (Unit IV)

ACTION PLANE FOR NSS WORK

*National Service Scheme
Prabhat Kumar College, Contai
Contai, Purba Mednipur, 721404*

The volunteers of NSS units generally perform their activities on the basis of the action plane, given below, taken by the prepared by the programme officers.

| Sl. No | Name of the activities to be performed |
|---------------|---|
| 1 | <i>Regular Cleaning activities</i> |
| 2 | <i>Observation of the several nation/international days</i> |
| 3 | <i>Special camp</i> |
| 4 | <i>Blood donation camp</i> |
| 5 | <i>Detection of thalasemia programme</i> |
| 6 | <i>Community health check up programme</i> |
| 7 | <i>Cloth distribution programme</i> |
| 8 | <i>Plantation programme</i> |
| 9 | <i>Arrangement of Conference/Seminar/ quiz programme</i> |
| 10 | <i>Relief service during natural disasters</i> |
| 11 | <i>Special awareness programmes for adopted village</i> |
| 12 | <i>Special emphasis on HIV and AIDS awareness programme</i> |
| 13 | <i>Covid-19 Awareness Campaign by our NSS VOLUNTEERS</i> |

Activity of NSS volunteers

1. Regular cleaning activity

NSS volunteers regularly clean the campus as well as nearby road and beach of Bay of Bengal near the college



2. Observation of national and international day

The prime motto of the observance of national and international days, related to social and cultural issues, is to create a sense of national integrity among the volunteers so that they can learn to respect Indian rituals, traditions and culture. At the same time the observance of the day, related to health and environment issues, increases the health and environment consciousness. Our NSS volunteers regularly celebrate several national and international days including the celebration of International Yoga day, National youth day, International environmental day,



Human rights day, Ocean day, Ekta Divas, World AIDS Day etc.





3. Special Camp

In every year NSS units of our institution arranged special camps for seven days. In the seven days, the volunteers perform several activities in adopted villages including village cleaning, organizing health camps, awareness programme, pond water cleaning etc. Additionally, debate, quiz and legal awareness programmes have been arranged for the volunteers. Through this special camp a strong bonding is developed among the volunteers. As a result a habit of working together is grown up among the volunteers.





4. Blood donation camp

The ready availability of Blood can save lives during emergency. In every year our NSS programme officers arranged blood donation camp and our volunteers regularly donate blood. The utmost aim of the project is to save lives by making the timely availability of the required group of blood. The another motive of blood donation camps at college is to spread the messages regarding Blood donation, remove the myths and misconceptions about it.



5. Thalassemia detection programme

Thalassemia disease has a detrimental impact on all over the world. If it is detected properly, spreading up of this disease can be controlled at a great extent. To fulfill this purpose our NSS units regularly organize Thalassemia detection camps with the help of Contai sub divisional hospital.



6. Community Health checkup programme

NSS units of our institution very frequently organize free health check up programmes for community people.



7. Cloth distribution programme

In our Institution NSS units create a **BASTRA BANK** within the campus and from where the old as well as new cloths have been distributed among the poor people and the disaster-affected people as well.





8. Plantation programme

One of the most fascinating approaches against environmental pollution is the plantation programme. Without existence of the plant the sustainable development of human beings is not possible. Trees benefit us in many ways. So plantation programme is an important activity to save environment as well

as human beings. Our NSS volunteers regularly perform the in-campus plantation programmes.





9. Arrangement of Conference/Seminar/ quiz programme

NSS programme officers of our institution frequently organize conferences/workshop/seminar on several burning issue. Most of the NSS volunteers participated in all the conferences so that they generate an awareness about the importance of the programme in coming days.



On the Occasion of
World Environment Day
 A National Webinar
 on
Only One Earth
 (Theme of the Year)

Organized by
 NSS Units: I, II, III & IV and Dept. of Botany
 in association with Science Forum
 Prabhat Kumar College, Contai, Purba Medinipur (WB)

SPEAKERS

| | |
|--|--|
| Prof. Jaya Krushna Panigrahi Environmentalist & Secretary, Orissa Environmental Society | Prof. Debdulal Banerjee Professor of Botany & Co-ordinator, NSS Cell, Vidyasagar University |
| Chief Patron Mr. Suprakash Giri Honorable President, GB, P. K. College, Contai | President Dr. Amit Kumar De Honorable Principal, P.K. College, Contai |

Date: 5th June, 2022, Time: 7:00 PM
 Join with Google Meet: <https://meet.google.com/cxi-uzcz-fvy>

Prabhat Kumar College, Contai
 NSS UNITS - I, II, III & IV
NSS Volunteers: Young Warriors in Covid Pandemic Scenario
 (One Day Webinar)

| | |
|---|---|
| Date and Time 29th June, 2021 10 a. m. | Platform Google meet |
| Chairperson Prof. Amit Kumar De Principal, Prabhat Kumar College, Contai | Eminent Speaker Prof. Anupam Debsarkar Professor, Dept. of Civil Engineering and NSS Programme Coordinator, Jadavpur University |

Meet link:
meet.google.com/xzb-ijmc-fjm

One day State level seminar
 on
AIDS FREE WORLD: A DREAM TO BE REALISED
 OBSERVATION OF
 WORLD
AIDS DAY

Organized by
 NSS Units I, II, III, IV, Prabhat Kumar College,
 Contai

| | | |
|--|--|---|
| Chair Person Prof. Amit Kumar De Principal, Prabhat Kumar College, Contai | Eminent Speakers Dr. Bidhan Bhunia General physician | Dr. Anutoosh Pattanayak General physician |
|--|--|---|

Dated On: 1/12/2021 Venue: Vivekananda Bhavan at 2 p. m.



PRABHAT KUMAR COLLEGE, CONTAI
NSS Unit -I, II, III & IV

Celebration of Birthday of SWAMI VIVEKANANDA & NATIONAL YOUTH DAY

Chief Patron

Mr. Suprakash Giri
President, GB
P. K. College, Contai

Chairperson

Prof. Amit Kumar De
Principal,
P. K. College, Contai

Eminent Speaker

Swami Satyatmanandaji Maharaj
Secretary,
Ramkrishna Misson
Contai

Platform : Google meet
Meet link: meet.google.com/vji-hfop-qms

12th January, 2022, 6.00 p. m.

A State Level Webinar
on
International Day of YOGA 2021

Date and Time
21st June, 2021
10.00 a.m.

Organized by
NSS Units I, II, III and IV
Prabhat Kumar College, Contai
Contai, Purba Medinipur, West Bengal, 721404

Special attention
Yoga Dance, Presented
by the students

Chairperson

Prof. Amit Kumar De
Principal
Prabhat Kumar College, Contai

Eminent Speakers

Prof. Sagarika Bandyopadhyay
Retired Professor, Dept. of Physical Education,
Viswa-Bharati


Dr. Ashoke Kumar Biswas,
Professor, Dept. of Physical Education,
Jadavpur University

Meet link: <https://meet.google.com/zaq-ivte-azb>

ONE DAY WEBINAR
on
Celebration of National Education Day (2020)
To commemorate the Birth Anniversary of Maulana Abul Kalam Azad
A grate freedom fighter, eminent educationist and the first Education Minister of India

Dated on
12.11.2020
Time 3-15 pm

Webinar Platform
meet.google.com/woj-ouxm-dyd

Organized by
NSS units and IQAC
Prabhat Kumar College, Contai
Contai, Purba Medinipur, West Bengal, 721404
www.pkcollegecontai.ac.in

Eminent Speaker


Dr. Amit Kumar De
Principal,
P. K. College, Contai


Prof. Sibaji Pratim Basu
Dean, Faculty of Arts and Commerce,
Vidyasagar University


Prof. Tapan Kumar De
Coordinator, NSS Cell
Vidyasagar University

- 10.
- 11.
- 12.

10. Relief service during natural disasters

During natural disasters our NSS volunteers worked hard to serve for the people who are affected by the AMPHAN and YASS and they played active role in giving relief service the disasters affected people.



কমিটি বাড়ি বাড়ি গিয়ে এইসব অনুরোধ করেন এই সব বিতরণ করে। এই সংস্থার শিশু বিতরণের সময়।

প্রধানমন্ত্রী ও মুখ্যমন্ত্রী করোনা ত্রাণ তহবিলে কাঁথি পি কে কলেজের ২ লক্ষ ৩৫ হাজার টাকা

২২ এপ্রিল : করোনা ভাইরাসের আক্রমণে যে ভয়াবহ পরিস্থিতি ও আবহাওয়া তৈরি হয়েছে, তাতে সারাদেশে ও রাজ্যের সকলেই শঙ্কিত। এই বিপর্যয় মোকাবিলার ক্ষেত্রে এগিয়ে এলেন কাঁথি প্রভাত কুমার কলেজের অধ্যক্ষ, অধ্যাপক, অধ্যাপিকা ও শিক্ষাকর্মী ছাত্র-ছাত্রীবৃন্দ। করোনা বিপর্যয় মোকাবিলায় প্রধানমন্ত্রী যে

তহবিল গঠিত হয়েছে, কলেজের শিক্ষক-শিক্ষিকাদের তরফ থেকে অধ্যক্ষ ড. অমিত কুমার দে সেই তহবিলে ১,০০,০০১ (এক লক্ষ এক) টাকা জমা দেন। একই সাথে মুখ্যমন্ত্রীর তহবিলে কলেজের শিক্ষক-শিক্ষিকা-অশিক্ষক কর্মচারী সমিতি ও ছাত্র-ছাত্রীদের পক্ষ থেকে তিনি আজই জেলা শাসকের হাতে ১,৩৫,১২০ টাকা অর্পণ করেন।

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2021/6/4 13:11

11. Special awareness programme for adopted village

During every special camp our NSS volunteers arrange at least two awareness programmes in the adopted village.



12. Special emphasis on HIV and AIDS awareness programme

In every year HIV and AIDS awareness programmes are conducted by the NSS units of our institution. The Road Rally, awareness programmes and discussion on the prevention of AIDS are arranged for the awareness of AIDS.





এল এন্ড এল আরও বিকাশ মন্ত্রীকে ক্রান্ত এই ছয় একক জয়গার সীমানা চিহ্নিত করার নির্দেশ দেওয়া হয়েছে বলে প্রধান জানান।

রোগ প্রতিরোধ ও সচেতনতার কর্মসূচী গ্রহণ করে। বিশ্ব সমাজ সচেতন ছাত্র-ছাত্রীরা এই সমস্ত কর্মসূচীতে অংশ নিবে।

মাইড চালিয়ে সচিত্র অভিজ্ঞতা তুলে ধরেন। সভায় শৌর্যোচিত করেন কলেজ অধ্যাপক ড. দীপক কুমার তামিলি। এই শিবির পরিচালনায় অধ্যাপক

ইউনিটের গায় ৪০০ ছাত্র ছাত্রী অংশ নেবে। শিবির শেষে উপস্থিত সকলকে ধন্যবাদ জানান এন.এস.এস ইউনিটের পক্ষে অধ্যাপক রুদ্রপ্রসাদ রায়।

কাঁথি কলেজে বিশ্ব এডস দিবস

১ ডিসেম্বর কাঁথি প্রভাত কুমার কলেজের এনএসএস এবং এনসিসি ইউনিট মিলিতভাবে বিশ্ব এডস দিবস পালন করল। এই উপলক্ষে সকাল ১১ টায় ছাত্র-ছাত্রী সহ অধ্যাপক-অধ্যাপিকা এবং ছাত্র সংসদের সদস্যদের নিয়ে একটি পদযাত্রা কাঁথি শহর পরিভ্রমণ করে। এরপর কলেজের সভাগৃহে এই দিনের প্রাসঙ্গিকতা সম্পর্কে একটি আলোচনা শুরু অনুষ্ঠিত হয়। এই আলোচনা চর্চা সভাপতিত্ব করে অধ্যাপক ড. সুপ্রভাট মাইতি। উপস্থিত ছিলেন এন এ স এ এর চারজন প্রোগ্রাম অফিসার ড. বিজুতি ভূষণ নায়ক, ড. গৌতম মাসা, অধ্যাপক চন্দন ভক্তা, ড. তিথি মাইতি, ৪৬ বেঙ্গল ব্যাটালিয়ান এন সি সি-৪ দুই অফিসার ও প্রভাত কুমার কলেজের এনসিসি অফিসার অধ্যাপক চন্দন মন্ডল। এই আলোচনা চর্চা এডস সম্পর্কে

আলোচনা করেন রায়ান বিভাগের অধ্যাপিকা ড. তিথি মাইতি এবং সমগ্র অনুষ্ঠান শেষে সকলকে ধন্যবাদ জানান কলেজের অধ্যাপক ড. অমিত কুমার দে।



13.Covid-19 Awareness Campaign by our NSS VOLUNTEERS



SPECIAL ACHIEVEMENT OF THE NSS VOLUNTEERS



BEST VOLUNTEER AWAR IN DIGITAL FINANCE LITERACY CAMPAIGN