PRABHAT KUMAR COLLEGE, Contai

Re-accredited by NAAC with Grade B (CGPA-2.76)
P.O.-CONTAI, Dist-PURBA MEDINIPUR
WEST BENGAL: PIN – 721401

DEPARTMENT OF NUTRITION (HONOURS)

TO WHOM IT MAY CONCERN

This is to certify that Ananya Mahapatra (Roll- 1125136 No.- 170393 ;Registration No- 1360016) has prepared her project report entitled " Comparison Of Health Status and Nutritional Status Between Regular Yoga and Non Regular Yoga Exercise Group" work under my guidance for the partial fulfillment of B.Sc. 5th Semester Examination in Nutrition (Honours) of Prabhat Kumar College, Contai under Vidyasagar University.

She is a methodical and hard worker and has satisfactory knowledge about this work.

She is now allowed to submit his/her project report for the Examination.

I wish every success in her life.

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Joyita Mitra.

Joyita Mitra
Guest Teacher
Department of Nutrition (H & G)
Prabhat Kumar College
Contai, Purba Medinipur

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