

B.Sc. General in Nutrition

Programme Specific Outcome	
1.	Interpret and apply nutrition concepts to evaluate and improve the nutritional health of communities.
2.	Apply analytical principles of food and nutrients in diet formulation.
3.	Analyze nutrients, food quality and manage diseases using diet therapy.
4.	Integrate knowledge and skills in food and nutrition with professional issues affecting the nutrition and/or dietetics fields.
5.	Devise research strategies for empowering and promoting healthy living in the community.
6.	Apply food science knowledge to describe functions of ingredients in food.
7.	Understand the role of food and nutrition for the welfare of the community.
8.	Apply skill based knowledge in food industry.
9.	Change nutrition & lifestyle towards a better future society.
10.	Utilize knowledge from foundational sciences as a basis for understanding the role of food and nutrients in health and disease.
11.	Learn some food processing techniques (like preparation of jam, jellies, pickles, squash etc.) which can also open a job opportunity. They can also spread their knowledge to other people. This helps to form self help groups.

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Course Code	Course Name	Course Outcome
NUTGCC01	Nutritional aspects of food items	Gain knowledge about different terms used in nutrition & nutritional aspects of different food items.
NUTGCC02	Nutrients and its physiological role	Understand the concept of RDA, energy, nutrients & different physiological roles of various nutrients.
NUTGCC03	Nutrition : Infant to old age	Gain knowledge about the nutrition of different phases of life that is from infancy to old age.
NUTGCC04	Nutritional surveillance and programme	Understand the importance of immunization, nutrition & health education & at the same time role of different organizations in combating malnutrition.
NUTGSE01	Diet therapy - I	Students able to understand the causes, symptoms, risk factors and dietary management of different disease conditions.
NUTGSE02	Diet therapy - II	Students able to demonstrate counseling techniques to facilitate behaviour change.
NUTGSE03	Basic Molecular Biology and Immunology	To know about the structure, functions of the human cell and development of molecular biology techniques & also develop idea about immunity.
NUTGSE04	Women Health & Nutrition	Understand the common health problems of women & acquire skills to overcome different nutritional deficiency diseases.
NUTGDS01	Food Standards and Food Safety Guidelines	Learn about food laws and food safety standards in food service system & also distinguish the role of national and international agencies in establishing food standards.
NUTGDS02	Community Nutrition and Epidemiology	Able to promote lifelong healthy eating habits and lifestyles in the community to combat different diseases.