

B.A. General in Physical Education

Programme Specific Outcome

1. To build up a basic foundation of knowledge of Physical Education and Sports .
2. Help the students to develop their careers in Physical Education and sports arena.
3. To develop the concept of sports management among the students.
4. To know the human body and its functions during sports participation.
5. To impart knowledge of health, physical fitness and wellness among the students.
6. To develop the general and specific knowledge in connection to different games and sports events.

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Course Code	Course Name	Course Outcome
PEDGCC01	Foundation and History of Physical Education	Understand the basic concept of Physical Education and its historical foundation. Discuss about Biological and Sociological Foundations of Physical Education.
PEDGCC02	Management of Physical Education and Sports	Learn about the important managerial aspects require for physical Education, sports and event management.
PEDGCC03	Anatomy, Physiology and Exercise Physiology	Gain Knowledge about the anatomical structures and physiological functions of different systems of human body in Sports context.
PEDGCC04	Health Education, Physical Fitness and Wellness	Imparting knowledge about general health, physical fitness and wellness. Discuss about the prevention and control of general health problem issues.
PEDGSE01	Indian Games and Racket Sports	Gain Knowledge about different indian games and racket sports . Learn about rules regulations of specific games along with its specific skills.
PEDGSE02	Ball Games	Learn about rules regulations of specific ball games along with its fundamental skills. Experience the practical implementation of the skills.
PEDGSE03	Gymnastics and Yoga	To develop the basic knowledge of gymnastics and yoga, learn some basic fundamental skills of the specific events.
PEDGSE04	Track and Field	Gaining the knowledge about the rules regulations and techniques of different track & field events.
PEDGDS01	Tests, Measurements and Evaluation in Physical Education	To impart basic knowledge of test measurement and evaluation. Discuss about different testing methods require for physical fitness test and also for specific sports skill test.
PEDGDS02	Sports Training	Know about the basis concept of sports training along with the principles, load adaptation process and different training methods.
PEDGGE01	Foundation and History of Physical Education	Understand the basic concept of Physical Education and its historical foundation. Discuss about Biological and Sociological Foundations of Physical Education.
PEDGGE02	Anatomy, Physiology and Exercise Physiology	Gain Knowledge about the anatomical structures and physiological functions of different systems of human body in Sports context.