



Department of Music and Women's Forum

Prabhat Kumar College, Contai

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A One Day National Webinar

On

Music: A Unparallel Tool to Overcome Depression in Covid - 19 Pandemic Situation

Chairperson



Dr. Amit Kumar De
Principal,
P. K. College, Contai

Eminent Speaker



Prof. Alka Nagpal
Dept. of Music,
University of Delhi

Dated: 19.12.2020
at 3 P.m.

Important deadlines

Last date of registration:
17/12/2020

Last date of abstract submission: 18/12/2020

webinar Platform
Google meet

Corresponding email:
womenforum@gmail.com

Conveners

Eminent Speaker



Dr. Chandrani Das
HOD, Dept. of Music
Rabindra Bharati University

Eminent Speaker



Dr. Monika Roy Kundu
Assistant Professor
Musicology,
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Dr. Moumita Chakraborty
HOD Dept. Music



Dr. Tithi Maity
Convener Women's
Forum



Ritu Maity
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Registration Link

https://docs.google.com/forms/d/1g_uTAyVaQ-whLboggBsE6rl-QUQYEnLftYBO2AgwhYk0/edit

About the webinar:

At present all the people of the world are passing through anxiety and depression as a result of Covid-19 pandemic situation. In this situation some covid positive patients led a critical life in hospital and simultaneously majority of the people have passed their hospital like life in their home. Due to this condensed life of the society a tremendous depression and anxiety has taken their shelter in the mind of the people. Especially children and students are the main victims of this situation. Doctors, Philosophers, teachers and other stakeholders of the society tried their level best to relieve the people from such a critical condition by using different methods. But from ancient age it is proved that music is an unparalleled tool to get relief from any depressive condition of mind. We utter the word "OM", a special tune of music, to quiet our brain. Obviously there is a special connection among brain and music. So in the present situation it is the time of rethinking how music can be used in a vast way to overcome this critical condition of mind, which arises as a result of covid-19. In this webinar the valuable speech of the eminent speakers may provide some special knowledge how music can apply its power to give comfort to our mind from any types of depression and anxiety and the beneficiary will get a new way to apply music therapy in this present condition.

Organizing members

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Honorable President,
Governing Body,
P. K. College, Contai

President



Dr. Amit Kumar De Itu Pradhan
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